



MOUNTAIN BIKE AUSTRALIA



JetBlack NSW All Schools Cross Country MTB Championship - 2020

Event Information

What	The twelve NSW All Schools XC MTB Championship will be sponsored by JetBlack Products (www.jetblackproducts.com), presented by the NSW MTBA, and hosted by WSMTB Club. The aim is to further encourage MTB participation in all NSW schools by holding a Cross Country MTB race for high school teams.
When	Skills & Track Initiation: Saturday, 13 June 2020, 2pm to 4pm. Race: Sunday, 14 June 2020, racing 10am to 2pm. (Reserve dates in case of postponement: 14-15 Nov 2020)
Where	<p>Yellomundee Regional Park is where the WSMTB XC track is located. On the Springwood Rd between Richmond and Springwood (Gregory's map 175 C2, UBD map 122 H2, GPS -33.6641° S, 150.6576° E). On the east side of the road, at the base of the steep hill up to Winmalee and Springwood. About 8km south of the Nepean River bridge, and 400m south of Shaws Creek.</p> <p>From the centre of Sydney, we go via the Warringah Freeway, Lane Cove Tunnel and then the M2 and M7. Turn off at Richmond Rd (route 61) and continue along this into Blacktown Rd. Turn left into The Driftway, then turn left at its end into Castlereagh Rd. After just less than 1km, turn right into Springwood Rd. (Don't let your GPS/Google Maps take you via Springwood & Winmalee to Yellow Rock!!)</p> <p>The gates to the Park will open at 7.30 am, and close that afternoon at 4 pm. It is not possible to camp on the Reserve over Saturday night. The closest accommodation options are in Springwood or Richmond.</p> <p>Note event special condition: NO pets are allowed in Yellomundee Regional Park !</p>
Parking	On the reserve from 7.30 am to 4 pm. Please park as directed by the Marshals and signs, and don't leave too much of a gap between cars. If you are bringing a mini-bus, or mini-bus and trailer, then please email schools@wsmtb.com and tell us so that a special area can be set aside. Sorry - we can not handle large coaches on the Reserve. Please car pool as parking space is limited.

<p>Facilities</p>	<p>Facilities are limited in Yellomundee Regional Park. There will be:</p> <ul style="list-style-type: none"> • BBQ to purchase sausage sandwiches and soft drinks • Coffee & cake van to purchase these items • Port-a-loos <p>You should bring all other items, eg water, food, shelter. Please note that we expect that all rubbish should be taken home – there are no bins provided. The site must be spotless when we leave, otherwise we jeopardise the future use of this Park for MTB use.</p>
<p>Cost</p>	<p>\$30 per rider (Payment by cash, or cheque made out to Western Sydney MTB Club. Invoices can be issued on request.)</p>
<p>Registration</p>	<p>Teams are to be entered by the schools and submitted by email to schools@wsmtb.com before Saturday 6 June, 2020 on the spreadsheet "Entry Spreadsheet for Schools" which can be downloaded from the event web site. This entry constitutes a firm commitment to pay the entry fee for the number of riders on this spreadsheet.</p> <p>On the day of the race, the team supervisor must bring to the registration desk:</p> <ol style="list-style-type: none"> 1. Payment for entire team. Cheques should be made out to WSMTB. Cash is also acceptable. 2. For each rider, there must be a completed and signed Parent/Guardian Indemnity & Waiver Form (download this from web site). Remember, No form – No ride! <p>Following registration, the team supervisor will be given the race plates for each rider in their team.</p>
<p>Details</p>	<p>The race will be a 4 hour team's event. The Senior, (Mixed & Female), Intermediate and Junior laps will take about 15 minutes. The Senior (Male) lap will be slightly longer and take about 20 minutes.</p> <p>The team with the most number of laps completed in the 4 hours will be the winner. There will be points awarded for participation and category results to determine the NSW All Schools XC MTB Champion.</p> <p>Further details will be available in the document "Rider Briefing" which can be downloaded from the web site.</p>
<p>Team Composition</p>	<p>Teams will consist of 3 or 4 riders from the same school. There will be Male, Female and Mixed categories in each of the 3 divisions*:</p> <p style="margin-left: 40px;">Senior : years 11 & 12 Intermediate : years 9 & 10 Junior : years 7 & 8</p> <p>Notes:</p> <ul style="list-style-type: none"> • Single sex schools may combine with a single sex school of the opposite sex to enter a combined team in the Mixed categories. Such a team must nominate which one of the two schools their points will be attributed to. • Students from a school with insufficient numbers to form their own team may contribute to another school team - provided the "parent" school contributes at least 50% of the members of the team. • Students from a lower year division may race in an older division, but no student from an older division may race in a younger age division. • In some unusual circumstances, the Race Directors may vary these rules for some teams, but only by prior application by a school.

<p>Schedule For Race Day</p>	<ul style="list-style-type: none"> • 7.30 am: Gates Open, schools may set up shelters etc. • 8 am: Registration opens. Registered riders may start practice on the course. • 9.30 am: Registration closes. • 9.45 am: Rider briefing, and then first riders move immediately to start. All practice on course must stop. • 10 am: Race Starts • 10:15 am: Late registration opens. • 2 pm: Course closes – no more laps may be started. Sweep rider start lap. • 2.20 pm: (approx) Last rider finishes. • 3 pm: Presentation • 4 pm: Gates close – everyone must be out by this time!
<p>Wet Weather</p>	<p>In case of very wet weather, or the track being unsuitable to ride (due to prior heavy rain) then the event may be postponed to a date to be confirmed (provisionally 16-17 Nov 2019). This postponement will be posted on the web site and Facebook page by Saturday evening, or on the morning of the race. All entry fees will be held over to this later event. Unfortunately, as expenses must be paid, there can be no refunds.</p> <p>The Race Directors may cut short the event at any stage after the start if conditions become dangerous.</p>
<p>Team Supervisors</p>	<p>Each school must have a teacher or delegate* present at the venue for the duration of the event, ie while students from their school are present. A ratio of one supervisor to 15 students must not be exceeded. Parents/guardians can assist with supervision provided a designated teacher or delegate* from each school is present.</p> <p>The supervisor is responsible for the conduct of their team, and must be must be contactable by the Race Director at all time. In case of injury to a rider, it is the supervisor’s responsibility to contact parents and arrange for transport or further treatment.</p> <p><i>* A delegate (parent or other) authorised by the school may take the place of the designated teacher at the school’s discretion. If required by the school, any child-related employment check for the delegate are the responsibility of the participating school.</i></p>
<p>Course Marshals</p>	<p>There will be a minimum of two Course Marshals around the track for the duration of the race to provide safety and communication for riders. Schools with more than two teams will be required to provide one Marshal (parent or teacher) for a two hour period. <i>This is a condition of entry, and is over an above the requirement for Team Supervisors.</i></p>

Insurance	<p>All registered students will be covered for public liability and disabling injuries under the MTBA Insurance scheme for Day License holders. Details can be found on the MTBA web site www.mtba.asn.au.</p> <p>It is the responsibility of schools to check the adequacy of any school or MTBA insurances. School or personal insurance with ambulance cover is recommended.</p>
Risk Assessment	<p>A pro-forma Risk Assessment is available to be downloaded from the web site to assist teachers in preparing their own Risk Assessment for their school. This is a guide only, and must be checked for adequacy by each school.</p>
Safety Equipment	<p>Each rider must wear a AS2063 approved helmet, in good repair and properly fitted. Helmets will be randomly checked! Supervisors should ensure that helmets are properly fitted on top of the head (not over the back!), and that chin straps are firm. We also highly recommend that riders wear eye protection and gloves.</p>
First Aid	<p>There will be a qualified First Aider available at the First Aid post near Registration from 8am to 4pm.</p>
Point Score	<p>The Champion NSW School will be determined using the following points system:</p> <ul style="list-style-type: none"> • Each category will have placing points allocated in accordance with the MTBA point scale for cross country events, eg: 1st 80, 2nd 65, 3rd 55, 4th 48, etc. This score will be modified in categories with less than 6 teams. • A team will receive 5 participation points for each rider.
Prizes	<p>There will be a medallion for each rider in teams for 1st, 2nd and 3rd in each category/division (from any school - subject to adequate numbers), and a Shield for Champion NSW School (NSW schools only). There will also be a number of novelty prizes awarded during the day.</p>
Skills Session	<p>Between 2pm and 4pm on Saturday 18 June, the expert riders from WSMTB have kindly volunteered to carry out a rider skills session, complete with practice laps of the course. This will be a great opportunity to learn from the best, and get some invaluable tips on the course.</p>
National Park Rules	<p>Yellomundee Regional Park is administered by NSW NPWS, and WSMTB is Licenced to hold events there. There are a number of regulations for this event:</p> <ul style="list-style-type: none"> • <u>No dogs or domestic animals</u> may enter the Park during this event. (This is a special NPWS condition for WSMTB events). • No fires are permitted. Gas stoves only. • No smoking is allowed in the bush or vegetated areas. As a school's event, we ask that all visitors refrain from smoking at all times while in the Park. • All rubbish must be taken home. This includes items such as banana and orange peels. Please help by picking up any rubbish you see. • NPWS encourages the use of recyclable containers, and the use of plastic containers in the Park instead of glass. • NPWS encourages the use of car pooling to events at the Park so as to minimise the effects of vehicles. • No guy ropes or other items may be attached to trees. Please ask at Registration before erecting any shelter or tent. The use of tent pegs is to be kept to a minimum.