



MOUNTAIN BIKE AUSTRALIA



# JetBlack NSW All Schools Cross Country MTB Championship - 2020

## Event & Safety Plan

<p><b>What</b></p>	<p>The twelve NSW All Schools XC MTB Championship. The aim is to further encourage MTB participation in all NSW schools by holding a Cross Country MTB race for high school teams.</p>
<p><b>When</b></p>	<p>Skills &amp; Track Initiation: Saturday, 13 June 2020 , 2pm to 4pm. Race: Sunday, 14 June 2020, racing 10am to 2pm.</p>
<p><b>Where</b></p>	<p>Yellomundee Regional Park on the Springwood Rd between Richmond and Springwood. Yarramundi, NSW, is the locality.</p> <p>The Park is on the east side of the road, at the base of the steep hill up to Winmalee and Springwood. About 8km south of the Nepean River bridge, and 400m south of Shaws Creek.</p> <p><b>GPS for emergency services:</b></p> <p><b>Main Gate:</b> -33.664° S, 150.656° E deg, decimal deg <b>Shaws Gate:</b> -33.661° S, 150.658° E</p>
<p><b>Administration &amp; Control</b></p>	<p><b>Race Director:</b> Matt Padula is responsible for the overall control and safety of the event. Hi-vis vest required.</p> <p><b>Dep Race Director:</b> Tim Rowe (NOAS Commissaire 1) is Deputy. Hi-vis vest required. These two will be assisted by Ray Rice (NOAS Commissaire 2)</p> <p>In case of an emergency or injury, either the Race Director <b>OR</b> Deputy may move to the location. The other must remain at the Timing Tent. A Marshal may be appointed to go to the Main Gate (or Shaws Gate) to meet the Emergency Service vehicle.</p> <p><b>Timing Staff:</b> Two people will be available at the Timing Tent at all time to handle communications if the Race Director or Deputy are elsewhere on the course. (Erica Price &amp; Sue Rice)</p> <p><b>Parking Marshals:</b> Four people will direct parking prior to the start of the event. Hi-vis vest required.</p> <p><b>Course Marshals:</b> A number of marshals will be moving around the course. Communications and hi-vis vest required.</p>

	<p><b>School Supervisors:</b> Each school group must have at least one supervisor at the Event at all times. They are responsible for the conduct and behaviour of their team. They must be contactable by the Race Director at all times. In case of injury to a rider, they are responsible for <b>non-emergency</b> transport of the rider and any further treatment. They are they contact to/from the rider's parents.</p> <p>A copy of this Plan will be held by the Directors and Timing Staff.</p>
<b>Communication</b>	<p><b>Primary:</b> By mobile phone. Yellomundee has good reception.</p> <p>Matt Padula: 0403 838 981          Tim Rowe: 0408 962 398          Erica Price: 0405 605 920          Sue Rice: 0417 218 714          Ray Rice: 0419 495 150</p> <p><b>Secondary:</b> By UHF radio, channel 21. A set of five will be available.</p>
<b>Course</b>	<p>The course will be checked and prepared on Saturday 16 June. Direction tape will be applied. Location name signs will be placed on the course to allow riders to accurately name their location.</p> <p>The course is accessible by 4WD within ~200 metres at all locations.</p>
<b>Transport</b>	<p>The Race Director will have a 4WD vehicle available at all time to transport First Aid staff to any part of the course, and pick up injured riders.</p>
<b>First Aid</b>	<p>Two qualified para-medical First Aiders (from Pink First Aid Ltd) will be based at the Timing Tent at all times (from 8am to 3pm). If required, one First Aider may be out on the course attending an injured rider.</p>
<b>Insurance</b>	<p>All registered students will be covered for public liability and disabling injuries under the MTBA Insurance scheme for Day License holders. Details can be found on the MTBA web site <a href="http://www.mtba.asn.au">www.mtba.asn.au</a>.</p> <p>It is the responsibility of schools to check the adequacy of any school or MTBA insurances. School or personal insurance with ambulance cover is recommended.</p>
<b>Risk Assessment</b>	<p>A pro-forma Risk Assessment is available to be downloaded from the web site to assist schools in preparing their own Risk Assessment. This is a guide only, and must be checked for adequacy by each school.</p>
<b>Safety Equipment</b>	<p>Each rider must wear a AS2063 approved helmet, in <b>good repair and properly fitted</b>. Helmets will be randomly checked! Supervisors should ensure that helmets are properly fitted on top of the head (not over the back!), and that chin straps are firm. <b>We also highly recommend that riders wear eye protection and gloves.</b></p>
<b>Rider Instructions</b>	<p>The Team Supervisors must make their riders aware of the Event Information document, and the Rider Briefing document prior to the start of the race.</p>
<b>Race Briefing</b>	<p>A rider briefing will be held at 9.45am. All riders and supervisors <b>must attend this briefing.</b></p>



<b>National Park Rules</b>	<p>Yellomundee Regional Park is administered by NSW NPWS, and WSMTB is Licenced to hold events there. There are a number of regulations for this event:</p> <ul style="list-style-type: none"><li>• <b>No dogs or domestic animals</b> may enter the Park during this event. (This is a special NPWS condition for WSMTB events).</li><li>• No fires are permitted. Gas stoves only.</li><li>• No smoking is allowed in the bush or vegetated areas. As a school's event, we ask that all visitors refrain from smoking at all times while in the Park.</li><li>• All rubbish must be taken home. This includes items such as banana and orange peels. Please help by picking up any rubbish you see.</li><li>• NPWS encourages the use of recyclable containers, and the use of plastic containers in the Park instead of glass.</li><li>• NPWS encourages the use of car pooling to events at the Park so as to minimise the effects of vehicles.</li><li>• No guy ropes or other items may be attached to trees. Please ask at Registration before erecting any shelter or tent. The use of tent pegs is to be kept to a minimum.</li></ul>